



Environmental Services:

Environmental Impact Statements

Environmental Construction Management Plans

Environmental Officer

Sampling & Monitoring Dust, Water, Air Emissions

Consultancy:

PSC H&S Coordinator

PSDP H&S Coordinator

Preliminary Health & Safety Plan

Site Specific Construction Plans

Completion of Safety File

On-site Safety Officer

Safety Statements

Training:

Confined Space

Forklift

Manual Handling

MEWP

Fire Safety Training

Emergency Response

First Aid

Abrasive Wheels

Working at Heights

People / Patient Moving & Handling

Aim:

To provide participants with the skills and knowledge required to apply the correct techniques used in Moving and Handling tasks while promoting at all times the independence and dignity of the client and the carer. This course is designed for healthcare workers who need to be trained to safely move and handle patients under the Safety, Health and Welfare at Work 2005 and General Application Regulations 2007 re Manual Handling.

Anyone who is engaged in the moving and handling of patients/clients as part of their role in the workplace should attend this training.

Objectives:

On completion of this course participants will be able to:

1. To understand the structure of the back and the ways in which it can become injured
2. To understand the principles of safe moving and handling
3. To be able to comply with current legal requirements in the workplace in relation to safely moving and handling patients/clients in a variety of healthcare related settings.

Course Contents:

This course is both theoretical and practical in content.

Theory includes

- Relevant legislation
- Ergonomics
- Risk assessment and solutions
- Anatomy and mechanisms of injury
- Fitness for task
- The principles of lifting
- Information on clothing and appropriate footwear
- Maintenance of the workplace
- Co-operation of trained employees.

Practical elements include

- Manual handling of inanimate loads
- Assisted walking
- Sitting and standing a person
- Sitting a person up in bed
- Moving a person from bed to other surface
- Use of lifting equipment - hoist, etc.

Course tutors are highly experienced and will ensure class participation so that individual handling issues will be addressed.

Venue & Equipment: To be provided by client.

Delegates: All courses have a maximum of 10 delegates.

Duration: Half Day

Certification: On successful completion of this course a Trade Safety Ltd Training Certificate valid for three years will be issued.

